



Hi my name is Paula and these are my boys. Stefan 13, Miguel 11, Osiel 5, Alonso 13 months. The only thing I would change would be the way I felt when the Dr. told me Alonso has Down Syndrome because the way I felt then is not the way I feel now. We are all so happy to have Alonso part of are family. At the age Alonso is now will be the exiting part as he will learn to explore from crawling, walking, talking. As you know he will be delayed on doing these things but we get more time to hold him and have him as a baby longer. Alonso is always so happy and loving every morning he wakes up and has a big smile on his face. That makes our day. Having the Down Syndrome support group has been so comforting to know we are not alone. My family was welcomed to the group when Alonso was about four months old. All the families are so nice and caring. I am so thankful for all the people that are in Alonso's life and for all the help he gets.